

December 2015



# TIDINGS

*FBHI - 36 Years on Mainland, Island and Sea*

***It's Almost Time for a Healthier, More Active New Year***

***Come on our New Year's Island Sojourn***

[BUY TICKETS NOW](#)

***January 1, 2016 Thompson Island Trip***



Snow Ball Battle Historic Farm School,  
Thompson Island photo by  
digitalcommonwealth.com

Our Annual boat trip is the best way to start the New Year!

We shall visit Thompson Island with its meadows, forests, beaches and 40 acres salt marsh.

### **SELF GUIDED TOUR & GUIDED TOUR**

Pack a picnic, explore on your own or take a tour with an FBHI volunteer. There will be a building open for warmup space and a book and merchandise sales table. Park policy is no pets and no alcohol.

### **YOGA & MEDITATION**

For an small additional fee, participants can start the year with some mind altering yoga and meditation - session facilitated by **PopUp Asana** [Yoga participants must bring their own mat].

### **GUIDED BIRDING TOUR**

Like watching birds? We'll have a birding guide from the Brookline Bird Club on-hand to provide a tour on the island (binoculars recommended & proper footwear needed by all participants!)

We will travel on MV Freedom which holds 300 people and is heated. The trip will depart at 12:00 p.m. sharp and return to the dock at 4:00p.m. MV Freedom departs from Mass Bay Lines, 60 Rows Wharf, Downtown Boston.

We're very excited to have some **gift bag sponsors** this year:

- [David's Tea](#)
- [DrinkMaple](#)
- Sushi Discounts from [Fuji Restaurant Group](#)

- [Taza Chocolate](#)

Gift bags will be provided as a New Year's sampler to each of our guests that come on the trip - look for more sponsors in the coming weeks as well! [to the first 150 in line on 1/1/16 limited numbers, first come first served]

The trip goes rain or shine. There are no refunds. If the captain/boat company cancel the trip due to severe weather conditions a credit will be issued for either a future boat trip, merchandise or membership. The ticket holder may choose what they would like to apply their credit towards. Park policy is no pets and no alcohol.

[PURCHASE TICKETS HERE](#)

NEW YEARS DAY SUPPORTERS

*Thank you to our supporters!*



DAVIDsTEA



BROOKLINE BIRD CLUB



## *Hello from your Chairman!*

Hello and Happy Holidays!

We've been hard at work bringing some new ideas to our annual New Years Day Cruise - making a "New Years Island Sojourn" to Thompson Island hopefully "bigger & better" than before.



Several Board Members and our two interns have made it possible for us to allow our guests to pick from: Yoga & Meditation (lead by PopUp Asana); a facilitated birding tour (lead by the [Brookline Bird Club](#)), a island tour (lead by NPS Ranger) Val Wilcox. As in the past we'll have limited snacks and some non-alcoholic beverages available on the island, but you're always welcome to bring your own picnic.

We'll also have "goodie bags" for you to take on the trip - limited to the first 150 at the boat on January 1st.

What's next? - the New England Boat Show will be this coming February 13-21, 2016 and we're already working on sponsors and raffle prizes - [Cabelas](#) will be working with us again this year (thank you!).

We're looking forward to a great turnout on the 1st - hope to see you on Thompson Island!

[Renew your membership HERE at FBHI.ORG](#)

*Thank you for your support,*  
**Walter Hope, Chairman FBHI**



**Do you purchase "stuff" online using Amazon.com?**

**Log onto your Amazon account and search for "SMILE" -  
then indicate that you'd like to support the Volunteers and Friends of the  
Boston Harbor Islands Inc**

**The FBHI will receive 0.5% of your eligible purchase dollar amounts - quickly and  
easily!**

## **JOIN FBHI or RENEW your MEMBERSHIP**

### **[Join FBHI HERE](#)**

**FBHI membership has benefits including eTidings, discounts on boat  
trips with FBHI, Boston Harbor Cruises, and more. For Membership  
benefits - click [BENEFITS](#)**

#### **Members of the FBHI board are:**

**Chris Ahearn, Richard Armenia, Johanna Beers, David Dingley,  
Walter Hope - Chairman, Charlotte Knox, Pat Leary, Steven Marcus, Stephanie Schorow,  
Rab Sherman, Ken Stein, and Suzanne Gall Marsh (Emerita).**

**Thank you for reading TIDINGS! | Donate to the FBHI Easily via a monthly donation [CLICK on DONATE](#) & Thank  
you!**

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